

DRAFT "HOW - it works"

GETTING CURRENT ROOM FIRST FLOOR

19 Oct v6

Sports Hall

Theatre

9.30am
10am

WELCOME

10.10am
11am

Intimacy & powerlessness
Beyond fear of intimacy
Recovery from love addiction

Living the Dream (x2)
How recovery transformed my life

11.10 am
12pm

Dating & relationships
Recovery from sexual trauma
Relationship avoidance recovery

After Step 12
Recovery after the Steps in HOW
Moving forward: a relationship in
Recovery

12.10pm
1pm

International guest speakers (2)

1 - 2pm

LUNCH

2pm
3pm

International guest speakers (2)

3.10pm
4pm

Recovering from addiction to a
person
Experience, strength & hope
Anorexia & loving my body

Relinquishing intensity & drama
Psychic transformation through the
12 Steps
Recovery vs career

4 - 4.30

BREAK

4.30pm
5.20pm

International guest speakers (2)

5.30 pm
6.20pm

Recovery as parent & partner (x2)
After SLAA & relationships

Experience, strength & hope
Recovery & integrity
Beyond sobriety-living recovery

6.30pm
7.30pm

International guest speakers (2)