

Topics currently offered. (feel free to make further suggestions)

Do we really trust God to guide us in our new choices and decisions?

Letting go of a fantasy relationship and accepting a 'real' relationship

What does 'unavailable' mean in sobriety? Can we recognize when a potential partner may be unsuitable?

The Death of Drama and how to survive it!

Are we still waiting for 'The One'!!

Do we know how 'fast' or 'slow' to go?

Honesty in intimate communication – do we know what we want and are we able to ask for it?

How can we stay free of the addict/avoidant dynamic that was so much a part of the dance in our unhealthy relationships?

How do we know when to compromise and when to assert our needs?

How do we keep HP in the bedroom?

How do we cope with not having our old triggers of intensity and high sexual attraction as our primary guides?

Do we see potential partners who do not trigger us in an addictive way as 'boring'?

How do we meet men/women, without re-entering into painful/unhealthy patterns and environments?

Rejection is God's protection. Discuss.

Whom are we now attracting?

Has sobriety taken away our sexiness or allure? Do we fear we now have less to offer?