

# The Courage to Change



SLAA UK CONVENTION 2020

Saturday 4<sup>th</sup> and Sunday 5<sup>th</sup> January

Join us for a weekend of **recovery, connection and fellowship** featuring international and UK guest speakers, workshops and meetings that cover all aspects of recovery from sex and love addiction and anorexia. There is also an in-house cafe and break-out spaces, providing the opportunity for connection and fellowship.

Our keynote speaker is **Rita H**, who is coming from Montreal to share her SLAA experience, strength and hope on 'The Courage to Change'. As well as having been in SLAA for 19 years, she also has 25 years' AA recovery. She has held several service posts (including as delegate for Montreal Intergroup), has been on many Conference Committees and Board of Trustees, and sponsors fellows across North America.

Our second speaker is **Adrianna**, "a sex and love addict who has been around a long time, one day at a time." She will be sharing on 'Spirituality and the Language of 12-Step Recovery'.

[www.slaauk.org/convention2020](http://www.slaauk.org/convention2020)

## Dates and times

Saturday 4<sup>th</sup> January, 10am – 6pm (doors open 9.15am)

Sunday 5<sup>th</sup> January, 12pm – 6pm (doors open 11.30am)

(Full schedule to be announced – see [www.slaauk.org/convention2020](http://www.slaauk.org/convention2020))

## Tickets

Buy from [www.slaauk.org/convention2020](http://www.slaauk.org/convention2020) or on the door

£15 online in advance (plus 40p booking fee)

£20 on the door, if available (cash only)

## Location

Cecil Sharp House, 2 Regent's Park Road, London, NW1 7AY

## Getting there by public transport

Nearest Tube station: Camden Town

Nearest Overground station: Camden Road

Nearest bus routes: 274, C2

## Getting there by car

Onsite parking for special access needs only (email [convention@slaauk.org](mailto:convention@slaauk.org) to reserve). Free on-street parking nearby.

## Access

Step-free access to all floors. Visit [www.cecilsharpouse.org](http://www.cecilsharpouse.org) for details.

## Food and drink

A small onsite café offers meals, light bites and drinks all day. Camden Town is a short walk away with a range of cafés, shops and takeaways.



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