

## SLAA CONVENTION – SATURDAY 18 FEBRUARY 2017

TIME	THEATRE	ROOM 1	ROOM 2	ROOM 3	ROOM 4
10.00 – 10.50	Love addiction & avoidance: two sides of the same coin	Workshop: Create your own prayer (Step 11) (bring pen & paper)	From powerlessness to willingness (Steps 1–3)	LGBGTQ in recovery	Guided meditation
11.00 – 11.50	From sex addiction to healthy sex	The reality of fantasy	Anonymity: in the rooms and online	Parenting in recovery: breaking the cycle	The end of denial: taking an honest inventory of our lives (Steps 4 & 5)
12.00 – 1.30	GUEST SPEAKER: RANDY Part I				
1.30 – 2.30	L U N C H				
2.30 – 3.20	Recovering from obsession and qualifiers	The many faces of anorexia	What happens after Step 12?	If you want things to be different, you have to do things differently (Steps 6 & 7)	The hidden power of service in meetings and beyond
3.30 – 4.20	Social media and online addiction in the digital world	Codependent no more – the gift of setting internal and external boundaries	Compassion and forgiveness will set us free (Steps 8 & 9)	Sex, love and aging	Getting current (Raised hands sharing)
4.30 – 5.20	GUEST SPEAKER: HELEN Sponsorship				
5.30 – 6.00	GUEST SPEAKER: RANDY Meditation				
6.00	C L E A N U P				

## SLAA CONVENTION – SUNDAY 19 FEBRUARY 2017

TIME	THEATRE	ROOM 1	ROOM 2	ROOM 3	ROOM 4
12.00–12.50	Bottom lines and relapsing	Beyond addiction: top lines and living in your true worth and value	Race and people of colour in recovery	Does praying work (even for atheists)?	How intrigue subtly hinders recovery
1 – 2.30	GUEST SPEAKER: RANDY Part II				
2.30 – 3.30	L U N C H				
3.30 – 4.20	Step 10 Workshop: uncovering the source and maintaining recovery	What does a healthy relationship look like?	First year: withdrawal and getting emotionally sober	Rock bottoms and spiritual awakenings	Getting current (raised hands sharing)
4.30 – 5.20	GUEST SPEAKER: HELEN Sober dating				
5.30 – 6.00	GUEST SPEAKER: RANDY Meditation				
6.00	C L E A N U P				